

## INTRODUCTION

- A health center within a school premises serves as a dedicated facility offering medical services to students, educators, and staff members.
- These facilities primarily cater to the health needs of adolescents, who are particularly vulnerable to a range of environmental factors.
- Given their limited knowledge of bodily health and functions, these centers play a pivotal role in recognizing and addressing the health issues prevalent among young students.

#### ROLE OF SCHOOL HEALTH CENTERS

- Foster good health practices and well-being.
- Raise health awareness among the youth.
- Avert the onset of illnesses and health complications.
- Guarantee timely detection and intervention alongside consistent followup care.
- Cultivate a conducive and healthy educational atmosphere. Environment

# SIGNIFICANCE OF SCHOOL HEALTH SERVICES

• The well-being of school-aged children is a critical element in ensuring societal progression and stability.

• As the most susceptible segment of the population, these young individuals are at a higher risk of encountering physical, emotional, and social challenges (Williams-Mbengue, 2016; Littlecott, Moore & Murphy, 2018).

• Originating from varied socioeconomic backgrounds, these children's health and nutritional conditions are significantly influenced by their circumstances. Educational settings offer a unique environment that can impact their well-being in numerous ways (Brunello et al., 2016).

## SCHOOL HEALTH SERVICE PROGRAM COMPONENTS

Regular health assessments for both students and staff members.

- Implementing follow-up actions for students identified with different health conditions.
  - Educating on the prevention of infectious diseases.
    - Offering immediate first aid response services.
      - Evaluating mental health status.
  - Managing and preserving health records within the school.

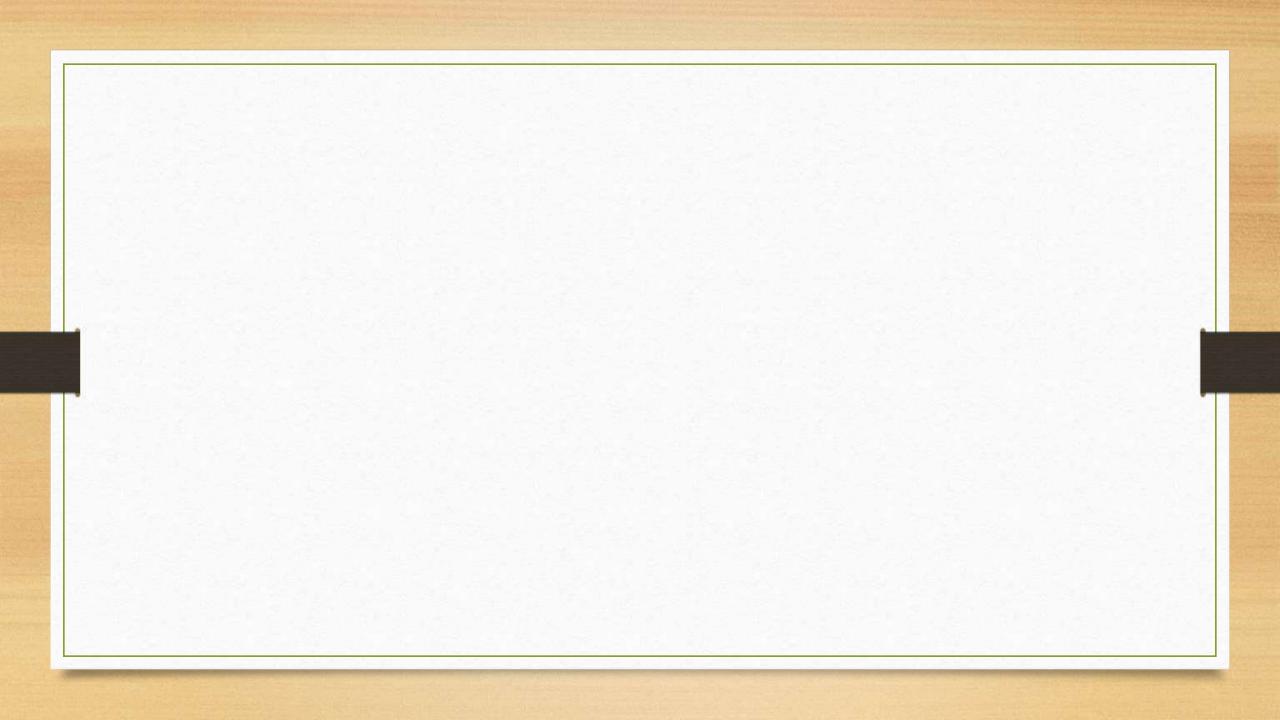
# ROUTINE HEALTH APPRAISAL

- Consistent health screenings for students, educators, and medical staff.
  - Conducting health evaluations for all new students upon admission.
- Ongoing clinical checks for nutritional deficiencies via stool analysis (Wiskin et al., 2015).
  - Routine vision screenings for students.
- Evaluating the mental health of students to assess their psychological well-being (Schulte-Körne, 2016).

### FAST AID CARE

- Educational settings form their own distinct communities and should therefore have protocols in place for offering first aid and emergency medical attention to students (Qureshi et al., 2018).
- It is imperative for school health centers to provide training for educators, equipping them with the skills necessary to manage emergencies both within the school environment and in domestic settings (Urso & Rozalski, 2014).

• Students should be instructed in fundamental first aid techniques to utilize during emergency situations.



#### References

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